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SMILE SOFT-SKILLS CURRICULUM · MODULE 1

Communication

Curriculum

SMILE Project: Action-Based
“Communication” Curriculum for Young
Migrants

English edition

Young migrants 18-30

Trainers and youth workers

Empowerment Through Skills · Inclusion Through Opportunity



SMILE · Support Young Migrants Integration in the Labour market in Europe
Erasmus+ KA220-YOU · 2024-1-TR01-KA220-YOU-000256357 · October 2026





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COMMUNICATION

Module 1 · Curriculum · English edition



Support Young Migrants Integration in the Labour market in Europe (SMILE)

Erasmus+ KA220-YOU · 2024-1-TR01-KA220-YOU-000256357

This document is the English edition of the SMILE curriculum for Module 1, “Communication”, developed by the partnership of the Erasmus+ project “Support Young Migrants Integration in the Labour market in Europe” (SMILE). It is a faithful translation of the partnership's working document; the content has not been changed.



SMILE SOFT-SKILLS CURRICULUM · MODULE 1

SMILE Project: Action-Based “Communication” Curriculum for Young Migrants

This document has been prepared in line with the core objectives of the **SMILE** project, with the aim of ensuring the employability of young migrants and their successful integration into the workplace. Instead of traditional and theoretical communication training, it has been designed as an interactive “Communication” training module that focuses directly on young people’s needs, their cultural differences and the expectations of the professional world of work.

1. Module Summary: Communication in Real Life and in the Workplace

This module highlights communication skills as a key factor in the employment of young migrants and their successful integration into the workplace. By addressing common challenges related to language, cultural differences and professional norms, it helps participants express themselves clearly and confidently in work environments. Through practical examples, case studies, role-play activities and reflection exercises, participants develop strong verbal, non-verbal and interpersonal communication skills. The module also underlines the importance of respectful, inclusive and supportive communication in creating fair and positive working environments.

2. Learning Outcomes (What Will We Achieve?)

By the end of this module, participants will be able to:

- Explain the role of communication skills in employment and workplace integration.
- Identify common communication challenges related to language, culture and professional norms (expectations).
- Understand the impact of effective communication on building inclusive and respectful work environments.
- Apply practical strategies for clear and confident communication in work-related settings.
- Demonstrate verbal, non-verbal and interpersonal communication skills (in practice) through role-play and real-life scenarios.
- Reflect on their own communication strengths and areas for development in the workplace context (carry out a self-assessment).

3. Curriculum Content and Youth-Focused Sessions

Session 1: Introduction and Foundations

1 hour

- Welcome and setting objectives
- The importance of communication in workplace integration
- **Icebreaker Activity:** “My Communication Story”

Session 2: Understanding Communication Challenges

1.5 hours

- Language barriers and cultural differences
- Professional norms and expectations
- **Group discussion:** Common challenges faced by young migrants

Session 3: Verbal and Non-Verbal Communication Skills

1.5 hours

- Elements of effective verbal communication
- Non-verbal cues and body language
- **Role-play:** Practising workplace conversations

Session 4: Interpersonal Skills and Inclusive Communication

1 hour

- Building respectful and supportive interactions
- Active listening techniques
- **Case study analysis**

Session 5: Practical Strategies for Workplace Communication

1.5 hours

- Feedback (criticism/appreciation) and conflict management
- Communication in diverse teams
- **Simulation exercises**

Session 6: Reflection and Action Planning

1.5 hours

- **Self-assessment:** Strengths and areas for development in communication
- Creating a personal action plan for workplace communication
- Closing discussion and feedback

4. Module Duration

Total Duration: 8 Hours

Suggested Breakdown:

- 4 hours of theoretical input and guided discussion
- 4 hours of hands-on learning (case studies, role-play activities, reflection exercises)

5. Training Methodology and Approach

The module uses an interactive, participant-centred approach to strengthen communication skills. Learning follows a structured sequence that starts from the core principles of workplace communication and progresses towards practical application.

Pedagogical Principle	Description of Implementation
Foundations and Discussion	While short presentations introduce key concepts, group discussions deepen understanding and allow participants to share their experiences.
Realistic Application (Practice)	Case studies and role-play activities simulate real workplace interactions, enabling participants to practise verbal, non-verbal and interpersonal communication.
Self-Awareness (Reflection)	Reflection exercises help participants assess their own communication styles and identify areas for improvement.
Safe and Inclusive Environment	By combining theory with hands-on practice, it provides a supportive space for young migrants to build confidence in their communication abilities.

6. Materials Needed

- Module presentation slides
- Participant guide
- Case study texts
- Role-play scenario cards
- Reflection questions and worksheets
- Employment-focused adaptability/communication checklist
- Flipchart or whiteboard
- Optional videos on workplace communication and adaptation

7. Key References

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